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☆ = Kiai

8th Form

* feet together, left open hand over right open hand ➔ Perform #2 & 3, and #18 & 19 in fast motion √ = pull other fist in front of opposite shoulder ㄩ = bent elbow slightly 2/1/2015
 Σ = pull right fist to right shoulder with left hand while sliding left up to right foot Π = #26 & 27 MIFB and LOFB BRSA = #11 bending ready stance A (side kick chamber with guarding fists)
 Θ = #6 is fixed stance Δ = #25 is a right back elbow strike, left hand is in punching chamber ♣ = move right foot left to END



CRSC * 1 MPPB 2 MLGP ➔ 3 MLGP 4 HTFB 5 MOFB √ 6 MLGP Θ 7 MKHS ㄩ 8 MLGP 9 LOFB



10 MLGP Σ 11 BRSA 12a MSTK 12b MSKS 13 MLGP 14 MLGP ☆ 15 MGKB 16 MSPS 17 MGKB 18 HTNK ➔



19a HTNK 19b MGKB 20 LOFB 21 MRVP 22 MRVP 23 MRVP 24 LXFB 25 MBES Δ 26 D Π 27 D Π



28 MGKB 29 MGKB ☆ END ♣ *



TM

See [Forms Abbreviations Sheet](#) for meanings of four letter codes under pictures.