2/1/2015 CC = jump 360 degrees counter-clockwise $\Pi = \#21$ HBFS & LOFB U = right palm up BRSA = #6 & 25 bending ready stance $\Theta = #18$ is a fixed stance ■ = perform #24a in a stomping motion
• = see #6 of UMA Forms Instructions ♣ = move left foot right and back to END 2 HIKS = 3 MGKB 5 MGKB 7 MSTK Ready HTKB 4 HFTS 6 BRSA 8 MGKB 9a MJSK 13 HRHS Ⅱ 12 MKNS 14 HTNK **→** 16 MGDB 9b MGKB 10 LOFB 11 HDHG 15 MSTK 17 MTNK 18 DUSB Θ 22 MSPS 24a MOFB U 19a CC 19b MGKB 20 LFTS ♥ 21 D Π 23 HDFB 24b HSBS 25 MSTK 26 MSTK

END

31 MRVP

28 MXKB

29 MDMB

30 HRFB